

# **Transition Planning Checklist: Age 17-18**

(Items listed are suggested, but not required. Additional items may apply.)

- \_\_\_\_\_ Continue to assess healthcare needs and support services
- \_\_\_\_\_ Continue to assess needs and supports for independent living
- \_\_\_\_\_ Register to vote (Age 18)
- \_\_\_\_\_ Register with Selective Services (Males, age 18)
- \_\_\_\_\_ Continue to learn about rights and responsibilities in developing self-advocacy skills
- \_\_\_\_\_ Continue to assess transportation needs and training
- \_\_\_\_\_ Continue to establish social and recreational activities
- \_\_\_\_\_ Contact Disability Services Coordinator at colleges of interest and make visits to different campuses to determine accessibility to buildings, classrooms, sidewalks, parking, etc.
- \_\_\_\_\_ Check on campus housing arrangements if needed. May need to get a letter from physician if there is a need for private/single room.
- \_\_\_\_\_ Identify, select and apply for post-secondary schools or other training programs, if applicable.
- \_\_\_\_\_ Meet with Financial Aid Office to determine eligibility for different financial aid options due to disability and additional expenses/supports. Apply for scholarships and financial aid
- \_\_\_\_\_ Continue to assess assistive technology needs for education, home living and employment
- \_\_\_\_\_ Review/update IEP (Invite community agency personnel to annual meeting)
- \_\_\_\_\_ Apply for Vocational Rehabilitation services (VRS, SSB). Discuss accommodations that may be needed on a job site and how to access those accommodations.
- \_\_\_\_\_ Take college entrance exams (SAT, ACT and Accuplacer when applicable)
- \_\_\_\_\_ Establish graduation date (18-21)
- \_\_\_\_\_ Initiate/apply for guardianship/conservatorship if appropriate
- \_\_\_\_\_ Revise resume, work history, references
- \_\_\_\_\_ Explore services available through the Workforce Center
- \_\_\_\_\_ Apply for Medical Assistance if not covered by parental insurance plan
- \_\_\_\_\_ Apply for county case management. Explore requirements for transition to adult services. Questions to consider.
  1. Is there accessible housing in the community in which I plan to live?
  2. Do I need to get on a waiting list for accessible housing? If so, when should I get on the list?
  3. What agencies provide assessments to help me determine my strengths and needs in the areas of independent living skills?
  4. What agencies provide support services (PCA, housekeeping, transportation) in the area that I plan to live?
  5. What funds are available to my county social services agency to assist with paying for housing, transportation, and other living expenses?

6. What services can be provided under the Community Alternatives for Disabled Individuals (CADI) Waiver?
7. What services can be provided under the Community Alternative Care (CAC) Waiver?
8. Am I eligible for the Consumer Support Grant?
9. Am I eligible for Group Residential Housing (GRH) funds?
10. Am I eligible for Minnesota Supplemental Aid?
11. Do I qualify for housing assistance through HUD?
12. What is the difference between SSI and SSDI?
13. How do I apply for Supplemental Security Income (SSI)? When should I apply?
14. Does MN have a Medicaid Home and Community Services Waiver program?
15. What types of nursing services are available?
16. How do I determine the type of nursing services that I need?
17. How do I pay for technology and equipment that I need to live in a house, dorm, or apartment?

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